

Rose Essential Oil

Botanical Name

Rosa x damascena

Strength of Initial Aroma

Strong

Aromatic Description

Rich floral aroma

Blends Well With

Bergamot, Clary Sage, Geranium, Lavender, Mandarin, Sweet Orange, Patchouli, Sandalwood, Vetiver, Ylang Ylang, Frankincense, Myrrh, Jasmine and Neroli

Rose Essential Oil Uses

- Perfumery/Fragrancing
- Antidepressent
- Antiseptic
- Antispasmodic
- Antiviral
- Aphrodisiac
- Astringent
- Bactericidal
- Relieves stress and nervous tension

- Boosts confidence and self esteem
- Enhances mental strength
- Mature, dry or sensitive skin
- Reduces appearance of wrinkles and scars
- Tones, firms and moisturizes skin
- Balances hormones and supports female reproductive health
- Anxiety
- Deodorizing
- Spasms

- Stress
- Depression
- Digestive

Sources: www.perfectpotion.com.au Salvatore Battaglia 2020 Rose EO
Monograph

Rose Essential Oil Safety Information

Rose absolute and rose otto are non-toxic, non-irritating and non-sensitising. However, Tisserand & Young state that both rose absolute and rose otto may contain methyl eugenol and set the maximum dermal use level at 0.6% for rose oil that contains 3.3% methyl eugenol.⁴⁶

No contraindications known.

As cited per www.perfectpotion.com.au Salvatore Battaglia 2020 Rose EO
Monograph

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.

kid friendly