

Ylang Ylang Essential Oil

Botanical Name

Cananga odorata

Strength of Initial Aroma

Strong

Aromatic Description

Intense sweet exotic floral aroma

Blends Well With

Sweet citrus, floral, spice and woody oils

Ylang Ylang Essential Oil Uses

- Antidepressant
- Antiseptic
- Aphrodisiac
- Sensual and mentally exhilarating
- Inspires creativity and joyfulness
- Calming and helps melancholy
- Irritated oily skin
- Promotes hair growth and overall hair and scalp health
- Benefits the cardiac, reproductive and immune systems

Sources: www.perfectpotion.com.au Salvatore Battaglia 2019 Ylang Ylang EO Monograph

Ylang Ylang Essential Oil Safety Information

Ylang Ylang oil is non-toxic, non-irritating and non-sensitizing. Excessive use may cause nausea or headaches.^{20,24}

Tisserand & Young state that there is a moderate risk of skin sensitization and caution should be exercised on persons with hypersensitive, diseased or damaged skin and children under 2 years of age.²⁹

According to IFRA guidelines, the maximum dermal use level for ylang ylang is 0.8%. Tisserand and Young confirm that there is no clear consensus on which constituent is responsible for the risk of skin reactions. They suspect isoeugenol.²⁹

Opdyke states that when ylang ylang oil was tested at 10% dilution on 25 human volunteers, it was not irritating.³⁰

As cited per www.perfectpotion.com.au Salvatore Battaglia 2019 Ylang Ylang EO Monograph

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.